



ATTN: CONFERENCE

408 Saint Peter Street
Suite 429
Saint Paul, MN 55102

Register Now!

Hamm Clinic
2019 Spring Conference
May 10, 2019

Hamm Clinic 2019 Spring Conference

Sociocultural Identity and Oppression: A Psychoanalytic Perspective



**Usha Tummala-Narra,
Ph.D.**

Associate Professor,
Counseling,
Developmental
and Educational
Psychology, Boston
College & Independent
Practice, Cambridge, MA



Friday, May 10, 2019

Science Museum of Minnesota

120 W. Kellogg Blvd., Saint Paul, MN 55102



Our Presenter

Usha Tummala-Narra, Ph.D. is an Associate Professor in Counseling, Developmental and Educational Psychology at Boston College and is in Independent Practice in Cambridge, MA. Her research and scholarship concerns immigration, race, gender, mental health, and cultural competence in psychotherapy practice.

Dr. Tummala-Narra is a Fellow of the American Psychological Association and of APA Division 39. She serves on the American Psychological Association Division 39 Board of Directors, and she has served on the APA Committee on Ethnic Minority Affairs, the APA Presidential Task Force on Immigration, and the APA Task Force on Re-envisioning the Multicultural Guidelines in the 21st Century.

She is the author of *Psychoanalytic Theory and Cultural Competence in Psychotherapy*, published by American Psychological Association Books in 2016.

Conference Description

The Hamm Clinic 2019 Spring Conference highlights psychoanalytic understandings of sociocultural context in psychotherapy, focusing specifically on experiences of sociocultural oppression—such as racism, sexism, heterosexism and classism—and intersecting experiences of interpersonal violence.

Contemporary psychoanalytic perspectives emphasize the impact of sociopolitical contexts on mental health and the centrality of the therapeutic relationship in addressing effects of oppression on clients' sense of safety, functioning and relational life.

Clinical vignettes will help to translate culturally informed psychoanalytic theory to practice.

Agenda

8:15 – Registration/Continental Breakfast

8:35 – Framing Sociocultural Issues from a Psychoanalytic Perspective

Dr. Tummala-Narra will focus on conceptualizing cultural competence from a psychoanalytic perspective, highlighting ways in which psychoanalytic concepts offer unique insights to understanding the role of sociocultural context in the patient's and therapist's lives. She will emphasize the role of the client's indigenous narrative and the use and interpretation of language and affect in psychotherapy.

10:30 – Break

10:45 – Negotiating Sociocultural Identity in the Context of Oppression

This presentation will center on the complexity of cultural identity formation within the context of choice and constraint. The focus will be on the impact of sociocultural oppression on intrapsychic and interpersonal worlds of the client and the therapist, and how ongoing trauma within the current sociopolitical climate influences the therapeutic frame and process.

11:45 – Lunch (On your own in the museum.)

1:10 – Case Presentation and Discussion

This case illustration will translate concepts presented in the morning to better understand how sociocultural context shapes conscious and unconscious processes in the therapeutic relationship. The presentation will be followed by audience discussion regarding impressions of theory and technique.

2:30 – Break

2:45 to 4:00 – Addressing Sociocultural Issues in Clinical Training and Q&A

This part of the conference will focus on the importance of self-examination and addressing instability in our sociopolitical climate in clinical training programs, including supervision. Dr. Tummala-Narra will discuss some dilemmas inherent to clinical training related to sociocultural issues, and the audience will be asked to share their experiences in training and examine their own goals for engaging with issues of diversity in practice and training.

4:30 to 6:00 – Meet and Greet Reception (Hors d'oeuvres and cash bar. RSVP required.)

You Will Learn to:

- Describe ways in which the sociocultural context of the client and the therapist influence conceptualizations of health and pathology in development.
- Recognize how psychoanalytic theory informs and deepens an understanding of sociocultural context in psychotherapy.
- Identify how experiences of privilege and oppression contribute to complex and sometimes contradictory cultural identifications, as well as challenging dynamics within the therapeutic relationship.

CONTINUING EDUCATION CREDITS

5.5 Continuing Education Credits have been granted by the Minnesota Boards of Social Work, Psychology and Marriage and Family Therapy. Credits are pending for the Minnesota Board of Behavioral Health and Therapy.

REGISTRATION

Register early! Space is limited.

Registration Fees:

- ▶ **Until April 19: \$150**
- ▶ **April 20 to May 3: \$160**
- ▶ **At the door: \$170**
- ▶ **Student (proof required): \$65**

Registration includes all sessions, parking, continental breakfast, snacks and museum visit. (Lunch is at your expense.)

Cancellations

Cancellations will be accepted until May 3. Registration will be refunded less a 25% administration fee. Contact Mary Horner at mhorner@hammclinic.org or 651.403.5021.

Location and Parking

Science Museum of Minnesota
120 W. Kellogg Blvd.
Saint Paul, MN 55102

Park in the Science Museum ramp:
<https://www.smm.org/visit/parking-directions>

HAMM CLINIC 2019 SPRING CONFERENCE

Online registration preferred. Visit www.hammclinic.org.

If you cannot register online, send this form with check or credit card information to Hamm Clinic, Attn: Hamm Clinic Conference, 408 St. Peter Street, Suite 429, Saint Paul, MN 55102

NAME _____ I will attend the Meet and Greet Reception YES NO

DEGREE/LICENSURE _____ ORGANIZATION _____

ADDRESS (home work) _____

CITY, STATE, ZIP _____

PHONE _____ EMAIL _____

AMOUNT \$ _____ CHECK ENCLOSED VISA MASTERCARD

CARDHOLDER NAME _____

CREDIT CARD NUMBER _____ EXPIRATION DATE _____