

Healing created together.

Learning From the Past +
Looking Toward the Future





Dear Supporters,

This has been an important year for growing and refining services at Hamm Clinic. We are more resolute than ever in our mission to provide quality, culturally responsive outpatient mental health assessment and treatment for adults in our community, particularly the underserved and those who are unable to afford the full cost of care.

We have continued to build our services on the foundation of Hamm Clinic's strong legacy. We are fortunate to boast a staff that has extensive experience serving clients in a variety of modalities with passion and dedication. We are invested in finding creative solutions to ensure our community has access to care that emphasizes the integration of the different disciplines. We coordinate care across providers for a seamless experience as clients access psychological assessment, psychiatry, individual, couple and family, and group therapy.

Beyond our innovative service delivery, we have continued forming strategic collaborations to meet the growing need for mental health services in Minnesota. We know that our community of social service providers is skilled and want to ensure that Hamm clients are connected to all resources in the community that could benefit their mental health. We are committed to continuing our strong tradition of training, research, and evaluation. Hamm Clinic remains a sought-after training site for psychiatrists, social workers, and psychologists. We launched a fellowship program for masters level social work students – Hamm Horizons – to support students of color in their clinical training.

In this annual report, you will find stories of hope that could not have happened without the strength of our clients, the compassion of our supporters, the leadership of our board, and the commitment of our talented staff. We remain steadfast in our mission to ensure quality mental health services are accessible to everyone. Thank you for all you have contributed to Hamm Clinic, we could not do the work without the support of our community.

Sincerely,

A handwritten signature in black ink that reads "Henry Stokman".

Henry Stokman
Chairman of the Board
Hamm Clinic

A handwritten signature in black ink that reads "Angie Lewis-Dmello".

Angie Lewis-Dmello
Executive Director
Hamm Clinic

We remain steadfast in our mission to ensure quality mental health services are accessible to everyone.

Groups at Hamm Clinic: A Transformational Experience

In 2019, Hamm Clinic launched an expansion to our therapeutic group services. Our social work trainee cohorts were eager to gain valuable knowledge and practical experience in leading groups.

Safe+
Welcoming

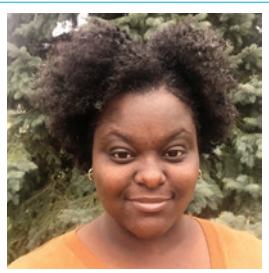
new connections, have intentional space for growth, and share new, healthy emotional experiences with one another.

Hamm Clinic is committed to expanding our group therapy services for the benefit of our clients – and our trainees.



“I co-facilitated the stress and anxiety group for Spanish-speaking women. Many of the clients had constraints in their lives that lead to increased isolation, which affected their mental health. By participating in a welcoming group, they built powerful bonds and created meaningful connections with one another – at times, stronger than their relationships outside the clinic.”

Leydi Lopez Rosales
MSW candidate at St. Thomas University



“I will co-facilitate a group for people of color. In the group format, we carve out an intentional space within the broader clinic so that we have the liberty to do therapy free of many of the barriers some clients face in therapy spaces. We also tapped into the expertise of past practitioners at the clinic who had led similar groups. Their practical advice and thoughtful insight will help strengthen the group experience.”

Tabitha Maxfield
MSW candidate at St. Thomas University



“I co-facilitated the stage 1 trauma group. Applying what we learned about healing via corrective emotional experiences, we created an environment where clients experienced their therapists and peers responding to them in new and safe ways. Co-facilitation also allowed me to observe seasoned therapists engaging with clients. It was truly valuable and an opportunity for growth.”

Connor Molloy
MSW candidate at University of Minnesota

People served by Hamm Clinic:

668
individuals served

10,545
client visits

548
Individual therapy

26 served in Groups

374
Psychiatry clients

44 Couples & Families

10% of clients received all services in Spanish

58%
of clients have financial barriers to accessing care

What Hamm Clinic clients are saying:

“I saw myself and others evolve in group. It has positively influenced my life, and I am appreciative of the social connections I built there.”

“I always feel welcomed and respected.”

“Staff was very accommodating and sensitive to my individual needs.”

“I appreciate the Dr.’s patience and knowledge in helping me sort through things. They treat me in a way that communicates I am a person, not a number on a chart. It is healing.”



Hamm Horizons Scholarships: A Resounding Success

At Hamm Clinic, our robust training program is dedicated to providing high quality, integrated, and comprehensive psychotherapy training to psychology interns, masters-level clinical social workers, and psychiatry residents.

Each year, we provide a stimulating learning experience for 10-12 talented trainees, targeted to their specific needs with ample support for their growth and development.

In 2019, we launched the Hamm Horizons Scholarship to support students of color in their clinical training. According to the 2016 report of the Governor’s Task Force on Mental Health, Minnesota needs to invest in our workforce and ensure that mental health providers are from the communities they serve. Hamm Clinic has a longstanding dedication to providing culturally responsive mental health care to our community and ensuring access to care for those that are traditionally underserved.

Authentic+ Compassionate

Hamm Horizons provides an opportunity for social work students of color to train in relational psychodynamic

psychotherapy using a culturally-responsive, anti-oppressive practice lens at a community mental health clinic with an integrated model of care. Each position is supported by a stipend to reduce potential financial barriers to training.

We are grateful for the contributions of our social work trainees and look to expand this opportunity in the years to come.

Dr. James J. Jordan Endowment for Psychiatry: A Vision for Care Integration

It has been 10 years since the Dr. James J. Jordan Endowment for Psychiatry was established to raise money to support the clinic's interdisciplinary training of new psychiatrists.



In 2010, Dr. Jordan sought the support of Hamm Clinic's Board of Directors and the technical assistance of the St. Paul Foundation to create a lasting legacy for training psychiatry residents in psychotherapy. Since that time, dozens of psychiatrists have been trained with the Endowment's support.

For 25 years, Hamm Clinic had Dr. James J. Jordan, a skilled psychiatrist and medical director, as its steward. His leadership established Hamm Clinic as a high-quality, interdisciplinary mental health agency dedicated to providing comprehensive care to communities with the greatest need. We pride ourselves on being a place where the different professions - psychiatry, social work, and psychology - practice together.

Dr. Jordan's vision was this: *to confirm psychotherapy training as a powerful learning opportunity for psychiatry residents, and to develop strong and sustained relationships with the local psychiatry training programs.*

When residents spend time with social workers and psychologists as part of their development, they can learn from one another – how they see the world, how they see a client, and how they see mental illness. Hamm Clinic remains an environment where disciplines working together can treat almost any client needing care. Psychiatry residents also benefit from being supervised by an experienced psychiatrist accredited by their training program. Such supervision prepares them to benefit from current neuroscience so as to better treat complex mental disorders, both acute and chronic.

We continue to deeply value integrating the wisdom and experience of all professions to support clients' healing. Dr. Jordan explains this with a metaphor: "Would you want to go in for surgery and meet with the surgeon, the nurse, but not the anesthesiologist? You might be concerned!"

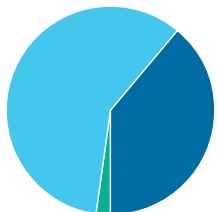
Each year, the Dr. James J. Jordan Endowment for Psychiatry enables Hamm Clinic to train 5-6 psychiatry residents in psychotherapy. **For years to come, it will continue to strengthen psychiatric care to ensure patient treatment achieves and maintains good results and to nurture psychiatrist leaders to reform our mental health delivery systems.**

Legacy+ Innovation

We continue to deeply value integrating the wisdom and experience of all professions to support clients' healing.

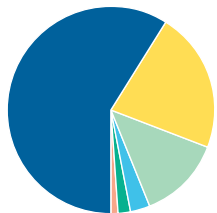
Financial Position JULY 1, 2018 - JUNE 30, 2019

	2019	2018
REVENUE AND SUPPORT		
Client Fees and Contracts	\$ 1,060,294	\$ 1,006,755
Seminar Fees and Other	11,711	20,812
Total Revenue from Services	\$ 1,072,005	\$ 1,027,567
Contributions and Endowment	1,612,728	3,221,278
Investment Income	23,524	7,493
Change in Value -		
Community Foundation Funds	(558)	13,360
Net Assets Released from Restriction	0	0
Total Revenue from Services and Support	\$ 2,707,699	\$ 4,269,698
EXPENSES – Clinical Services		
Training and Education	339,643	350,777
Research	31,738	56,133
Community Outreach	49,764	35,609
Administration	557,823	546,129
Fundraising	64,379	43,705
Total Expenses	\$ 2,579,534	\$ 2,484,966
Change in Net Assets from Operations	\$ 128,165	\$ 1,784,732
NON-OPERATING CHANGE IN ASSETS –		
Change in long-term pension	0	106,090
Change in Net Assets	\$ 128,165	\$ 1,890,822
Net Assets - Beginning of Year	1,860,678	(30,144)
NET ASSETS - END OF YEAR	\$ 1,988,843	\$ 1,860,678
ASSETS		
	2019	2018
Current Assets	\$ 1,688,725	\$ 1,589,246
Property and Equipment	19,108	13,361
Other Assets	454,012	473,513
Total Assets	\$ 2,161,845	\$ 2,076,120
LIABILITIES AND NET ASSETS		
Current Liabilities	\$ 161,318	\$ 193,799
Long Term Liabilities	11,684	21,643
Total Liabilities	\$ 173,002	\$ 215,442
Net Assets		
Unrestricted	1,534,581	1,388,808
Temporarily Restricted	0	20,000
Permanently Restricted	454,262	451,870
Total Net Assets	\$ 1,988,843	\$ 1,860,678
Total Liabilities and Net Assets	\$ 2,161,845	\$ 2,076,120



REVENUE:

- Contributions and Endowment
- Client Fees and Contracts
- Other Income and Investments



EXPENSES:

- Clinical Services
- Administrative
- Training and Education
- Development
- Community Outreach
- Research

Hamm Clinic Staff & Board Members

STAFF

Becky Cooke
Front Desk and Intake

Nique Evans
Human Resources
Generalist

Sean Fields, PsyD, LP
Director of Training,
Research, and Evaluation

Janet Finlayson, PsyD, LP
Psychologist, Contract

**Annelise Herskowitz,
MSW, LICSW**
Clinical Social Worker

Adrian Hook
Billing and Credentialing
Specialist

Bud Ingram Lile, MD
Director of Psychiatry

Carissa Kaufman, MA, LMFT
Licensed Marriage
and Family Therapist

**Angela Lewis-Dmello,
MSW, LICSW**
Executive Director

Kyle Murray, MSW, LICSW
Clinical Social Worker

Yvonne Nobles, PsyD, LP
Psychologist

Rosie O'Brien, PsyD, LP
Psychologist

Paul O'Hara, MA, LP
Psychologist, Contract

**Rachel Richardson, MSW,
LICSW**
Clinical Social Worker

Kari Roepke
Director of Operations

Lauren Scholder, PsyD, LP
Psychologist, Contract

Susan Sethna, MSW, LICSW
Lead Clinician

Natalie Taber, MSW, LGSW
Clinical Social Worker

Peter Zelles, PhD, LP
Psychology Assessment
Supervisor, Contract

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Vice President, Revenue
Cycle & Operations,
R1RCM, Inc.

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Interim Chief Financial
Officer, Amesbury Truth

Anne Gearity, PhD, LICSW
Secretary
Community Faculty,
University of Minnesota
School of Social Work,
and Clinical Social Worker,
Private Practice

Edward Hamm
Founding Member

Edward Hamm Jr.
Founding Member

Kelley O'Neill
Sheep Improvement
Company;
Founding Member

One of the best things about working at Hamm is the sense of culture. All of these incredibly bright people, working together to provide the absolute best care for every single patient. It's mental healthcare done right.

- Hamm Clinic Staff

\$50,000 and above

Marie H. Ankeny Legacy Fund of The Minneapolis Foundation

Edward H. Hamm, Jr.

Hamm Foundation Fund of The Saint Paul Foundation

Hersey Foundation -
Attn: Edward H. Hamm

Margaret H. and James E. Kelley Foundation

Northern Star Foundation -
Attn: Edward H. Hamm

Otto Bremer Trust

\$10,000 - \$49,999

F. R. Bigelow Foundation

Hardenbergh Foundation

Hubbard Broadcasting Foundation

James J. Jordan Endowment for Psychiatry Fund of The Saint Paul Foundation

The Richard M. Schulze Family Foundation of The Saint Paul Foundation

\$5,000 - \$9,999

Sally A. Anson Charitable Fund at Schwab Charitable

Darlene and Dr. Richard Carroll Family Fund of The Minneapolis Foundation

Abigail and Kenneth Dawkins

The Hamm Memorial Psychiatric Clinic Endowment Fund

Shawn Marie Hart-Eleanor Fitzpatrick Designated Fund of The Saint Paul Foundation/Shawn Marie Hart-Eleanor Fitzpatrick NFP Fund of The Saint Paul Foundation

Lang Family Foundation

John and Eleanor Yackel

\$1,000 - \$4,999

Baillon Family Foundation, Inc.

William C. and Ann Hamm

Dr. James and Mary Ellen Jordan

Bill Lough and Barbara Pinaire

Dr. Deane Manolis & Nancy G. Manolis Charitable Giving Fund

The Paula Richey/Hamm Clinic Education Fund of the Saint Paul Foundation

Kari and Dan Rominski

Henry and Sara Stokman

\$500 - \$999

Anonymous

Ms. Kristin Ankeny Bickenbach

The Philemon C. and Barbara Blach Roy Jr. Fund of the St. Paul Foundation

Marilyn Broussard

Annabelle Bush

Harriet Ankeny Chute and Dr. Edmund P. Chute Family Fund of the Minneapolis Foundation

Robert and Nancy Cooley

Louisa D'Altilia

Ann Dieperink

Dr. John and Bonnie Driggs

Mary and Rev. Don Horner

The Minneapolis Foundation

Nancy B. Nicholson
2003 Charitable Lead Trust

Dr. Robert Nesheim and Marlys Johnson

Beth and Timothy Sullivan

Dr. Virginia Vogel

Dr. Scott Yarosh

\$250 - \$499

Dr. Kate and John Boyle

Kimie Clinton-Kearney

Sally and John Cuningham

Dr. Anne Gearity

Dr. Mark and Alison Halley

Dr. Jennifer and Gerald Kertz

Peggy and Terry Kingston

Eliza Linley and David Richardson Fund-Pasadena Community Foundation

Paul Traugh

Dr. Mark and Barbara Sundby

Up to \$250

Susan Abderholden and Lee Keller

AmazonSmile Foundation

Richard and Pat Bourman

Dr. Geraldine Chavis

Jacquelyn and Jack Chlebeck

Dr. David and Wanda Cline

Vicki Coifman

Kathleen and Douglas Clock

Dr. Charme Davidson

Robert and Carol Deppe

Mrs. Helen Diehl

Dr. Paul Fehrenbach

Dennis Flom and Carol Thomas

Holly Gainer

Amber Garlan

Emilia Godinez

Dr. Norman and Jane Hanson

Dr. James Hart and Dr. Maureen Reed

Gail Hartman

Ann and Charles James

Dr. Kelley R. Jewett and Kristi Adams

Michelle Jordan

Margaret Kellogg and Diane Johnson

Michael and Paula Koshmrl

Susan Lieberman

Dr. Robert Mantell and Dr. Susan Mantell

Dr. Paul and Tara Mattessich

William and Elinor Ogden

John and Eunice Olson

Carol Quest

Robert and Christine Salmen

Jonathan and Laura Savin

Susan Sethna

Travis Spangler

Frank Tekautz

Janet Thomas

Mary Claire Wahlberg

Ms. Wendy Wehr

William Weisert and Brenda Cornelius

Joan Wernick

Sherri West

I wish that a resource like Hamm Clinic was there for my child when they really needed it. I want to help other people access this care and reduce stigma around mental health concerns.

- Hamm Clinic Donor

Thank you for your support!

Please accept our sincere apologies if we omitted or misspelled your name. Notify us of corrections by calling 651-224-0614.



408 St. Peter Street, #429
St. Paul, MN 55102



First and Last Name
Street Address
City, State Zip

Comprehensive mental health care
is a basic human right and should be
accessible to everyone.

hammclinic.org

