Healing created together.

Learning From the Past +
Looking Toward the Future
Dear Supporters,

This has been an important year for growing and refining services at Hamm Clinic. We are more resolute than ever in our mission to provide quality, culturally responsive outpatient mental health assessment and treatment for adults in our community, particularly the underserved and those who are unable to afford the full cost of care.

We have continued to build our services on the foundation of Hamm Clinic’s strong legacy. We are fortunate to boast a staff that has extensive experience serving clients in a variety of modalities with passion and dedication. We are invested in finding creative solutions to ensure our community has access to care that emphasizes the integration of the different disciplines. We coordinate care across providers for a seamless experience as clients access psychological assessment, psychiatry, individual, couple and family, and group therapy.

Beyond our innovative service delivery, we have continued forming strategic collaborations to meet the growing need for mental health services in Minnesota. We know that our community of social service providers is skilled and want to ensure that Hamm clients are connected to all resources in the community that could benefit their mental health. We are committed to continuing our strong tradition of training, research, and evaluation. Hamm Clinic remains a sought-after training site for psychiatrists, social workers, and psychologists. We launched a fellowship program for masters level social work students – Hamm Horizons – to support students of color in their clinical training.

In this annual report, you will find stories of hope that could not have happened without the strength of our clients, the compassion of our supporters, the leadership of our board, and the commitment of our talented staff. We remain steadfast in our mission to ensure quality mental health services are accessible to everyone. Thank you for all you have contributed to Hamm Clinic, we could not do the work without the support of our community.

Sincerely,

Henry Stokman
Chairman of the Board
Hamm Clinic

Angie Lewis-Dmello
Executive Director
Hamm Clinic

We remain steadfast in our mission to ensure quality mental health services are accessible to everyone.
Groups at Hamm Clinic: A Transformational Experience

In 2019, Hamm Clinic launched an expansion to our therapeutic group services. Our social work trainee cohorts were eager to gain valuable knowledge and practical experience in leading groups.

In their own words (below), they explain how they experienced firsthand the power of groups as a healing modality. They witnessed how through groups clients feel less isolated and forge new connections, have intentional space for growth, and share new, healthy emotional experiences with one another.

**Safe+ Welcoming**

Hamm Clinic is committed to expanding our group therapy services for the benefit of our clients – and our trainees.

“I co-facilitated the stress and anxiety group for Spanish-speaking women. Many of the clients had constraints in their lives that lead to increased isolation, which affected their mental health. By participating in a welcoming group, they built powerful bonds and created meaningful connections with one another – at times, stronger than their relationships outside the clinic.”

Leydi Lopez Rosales
MSW candidate at St. Thomas University

“I will co-facilitate a group for people of color. In the group format, we carve out an intentional space within the broader clinic so that we have the liberty to do therapy free of many of the barriers some clients face in therapy spaces. We also tapped into the expertise of past practitioners at the clinic who had led similar groups. Their practical advice and thoughtful insight will help strengthen the group experience.”

Tabitha Maxfield
MSW candidate at St. Thomas University

“I co-facilitated the stage 1 trauma group. Applying what we learned about healing via corrective emotional experiences, we created an environment where clients experienced their therapists and peers responding to them in new and safe ways. Co-facilitation also allowed me to observe seasoned therapists engaging with clients. It was truly valuable and an opportunity for growth.”

Connor Molloy
MSW candidate at University of Minnesota
At Hamm Clinic, our robust training program is dedicated to providing high quality, integrated, and comprehensive psychotherapy training to psychology interns, masters-level clinical social workers, and psychiatry residents.

Each year, we provide a stimulating learning experience for 10-12 talented trainees, targeted to their specific needs with ample support for their growth and development.

In 2019, we launched the Hamm Horizons Scholarship to support students of color in their clinical training. According to the 2016 report of the Governor’s Task Force on Mental Health, Minnesota needs to invest in our workforce and ensure that mental health providers are from the communities they serve. Hamm Clinic has a longstanding dedication to providing culturally responsive mental health care to our community and ensuring access to care for those that are traditionally underserved.

Hamm Horizons provides an opportunity for social work students of color to train in relational psychodynamic psychotherapy using a culturally-responsive, anti-oppressive practice lens at a community mental health clinic with an integrated model of care. Each position is supported by a stipend to reduce potential financial barriers to training.

We are grateful for the contributions of our social work trainees and look to expand this opportunity in the years to come.
Dr. James J. Jordan Endowment for Psychiatry:
A Vision for Care Integration

It has been 10 years since the Dr. James J. Jordan Endowment for Psychiatry was established to raise money to support the clinic’s interdisciplinary training of new psychiatrists.

In 2010, Dr. Jordan sought the support of Hamm Clinic’s Board of Directors and the technical assistance of the St. Paul Foundation to create a lasting legacy for training psychiatry residents in psychotherapy. Since that time, dozens of psychiatrists have been trained with the Endowment’s support.

For 25 years, Hamm Clinic had Dr. James J. Jordan, a skilled psychiatrist and medical director, as its steward. His leadership established Hamm Clinic as a high-quality, interdisciplinary mental health agency dedicated to providing comprehensive care to communities with the greatest need. We pride ourselves on being a place where the different professions - psychiatry, social work, and psychology - practice together.

Dr. Jordan’s vision was this: to confirm psychotherapy training as a powerful learning opportunity for psychiatry residents, and to develop strong and sustained relationships with the local psychiatry training programs.

When residents spend time with social workers and psychologists as part of their development, they can learn from one another – how they see the world, how they see a client, and how they see mental illness. Hamm Clinic remains an environment where disciplines working together can treat almost any client needing care. Psychiatry residents also benefit from being supervised by an experienced psychiatrist accredited by their training program. Such supervision prepares them to benefit from current neuroscience so as to better treat complex mental disorders, both acute and chronic.

We continue to deeply value integrating the wisdom and experience of all professions to support clients’ healing. Dr. Jordan explains this with a metaphor: “Would you want to go in for surgery and meet with the surgeon, the nurse, but not the anesthesiologist? You might be concerned!”

Each year, the Dr. James J. Jordan Endowment for Psychiatry enables Hamm Clinic to train 5-6 psychiatry residents in psychotherapy. For years to come, it will continue to strengthen psychiatric care to ensure patient treatment achieves and maintains good results and to nurture psychiatrist leaders to reform our mental health delivery systems.

We continue to deeply value integrating the wisdom and experience of all professions to support clients’ healing.
### Financial Position
**JULY 1, 2018 - JUNE 30, 2019**

#### Hamm Clinic Staff & Board Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Becky Cooke</td>
<td>Front Desk and Intake</td>
<td></td>
</tr>
<tr>
<td>Nique Evans</td>
<td>Human Resources Generalist</td>
<td></td>
</tr>
<tr>
<td>Sean Fields, PsyD, LP</td>
<td>Director of Training, Research, and Evaluation</td>
<td></td>
</tr>
<tr>
<td>Janet Finlayson, PsyD, LP</td>
<td>Psychologist, Contract</td>
<td></td>
</tr>
<tr>
<td>Janne Herskowit, MSW, LICSW</td>
<td>Clinical Social Worker</td>
<td></td>
</tr>
<tr>
<td>Adrian Hook</td>
<td>Billing and Credentialling Specialist</td>
<td></td>
</tr>
<tr>
<td>Bud Ingram Lile, MD</td>
<td>Director of Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Carissa Kaufman, MA, LMFT</td>
<td>Licensed Marriage and Family Therapist</td>
<td></td>
</tr>
<tr>
<td>Angela Lewis-Dmello, MSW, LICSW</td>
<td>Executive Director</td>
<td></td>
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<tr>
<td>Kyle Murray, MSW, LICSW</td>
<td>Clinical Social Worker</td>
<td></td>
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<tr>
<td>Yvonne Nobles, PsyD, LP</td>
<td>Psychologist</td>
<td></td>
</tr>
<tr>
<td>Rosie O’Brien, PsyD, LP</td>
<td>Psychologist</td>
<td></td>
</tr>
<tr>
<td>Paul O’Hara, MA, LP</td>
<td>Psychologist</td>
<td></td>
</tr>
<tr>
<td>Rachel Richardson, MSW, LICSW</td>
<td>Clinical Social Worker</td>
<td></td>
</tr>
<tr>
<td>Kari Roepke</td>
<td>Director of Operations</td>
<td></td>
</tr>
<tr>
<td>Lauren Scholder, PsyD, LP</td>
<td>Psychologist, Contract</td>
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<tr>
<td>Susan Sethna, MSW, LICSW</td>
<td>Lead Clinician</td>
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</tr>
<tr>
<td>Natalie Taber, MSW, LGSW</td>
<td>Clinical Social Worker</td>
<td></td>
</tr>
<tr>
<td>Peter Zelles, PhD, LP</td>
<td>Psychology Assessment Supervisor, Contract</td>
<td></td>
</tr>
</tbody>
</table>

#### Board Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Henry Stokman</td>
<td>President, Vice President, Revenue Cycle &amp; Operations, R1RCM, Inc.</td>
</tr>
<tr>
<td>Damon Anderson, CPA</td>
<td>Treasurer, Interim Chief Financial Officer, Amesbury Truth</td>
</tr>
<tr>
<td>Anne Garity, PhD, LICSW</td>
<td>Secretary, Community Faculty, University of Minnesota School of Social Work, and Clinical Social Worker, Private Practice</td>
</tr>
<tr>
<td>Edward Hamm</td>
<td>Founding Member</td>
</tr>
<tr>
<td>Edward Hamm Jr.</td>
<td>Founding Member</td>
</tr>
<tr>
<td>Kelley O’Neill</td>
<td>Sheep Improvement Company; Founding Member</td>
</tr>
</tbody>
</table>

#### REVENUE AND SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
<th>2019</th>
<th>2018</th>
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</thead>
<tbody>
<tr>
<td>Client Fees and Contracts</td>
<td>$ 1,060,294</td>
<td>$ 1,006,755</td>
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<tr>
<td>Seminar Fees and Other</td>
<td>11,711</td>
<td>20,812</td>
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<tr>
<td>Total Revenue from Services</td>
<td>$ 1,072,005</td>
<td>$ 1,027,567</td>
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<tr>
<td>Contributions and Endowment</td>
<td>1,612,728</td>
<td>3,221,278</td>
</tr>
<tr>
<td>Investment Income</td>
<td>23,524</td>
<td>7,493</td>
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<tr>
<td>Change in Value –</td>
<td>(558)</td>
<td>13,360</td>
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<tr>
<td>Community Foundation Funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net Assets Released from Restriction</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total Revenue from Services and Support</strong></td>
<td><strong>$ 2,707,699</strong></td>
<td><strong>$ 4,269,698</strong></td>
</tr>
</tbody>
</table>

#### EXPENSES

- **Clinical Services**
  - $ 1,536,187 (2019)  
  - $ 1,452,613 (2018)
- Training and Education
  - 339,643 (2019)  
  - 350,777 (2018)
- Research
  - 31,738 (2019)  
  - 56,133 (2018)
- Community Outreach
  - 49,764 (2019)  
  - 35,609 (2018)
- Administration
  - 557,823 (2019)  
  - 546,129 (2018)
- Fundraising
  - 64,379 (2019)  
  - 43,705 (2018)

**Total Expenses**

- $ 2,579,534 (2019)  
- $ 2,484,966 (2018)

#### Change in Net Assets from Operations

- $ 128,165 (2019)  
- $ 1,784,732 (2018)

#### Non-Operating Change in Assets

- Change in long-term pension
  - 0 (2019)  
  - 106,090 (2018)

#### Net Assets - Beginning of Year

- 1,860,678 (2019)  
- (30,144) (2018)

#### NET ASSETS - END OF YEAR

- $ 1,988,843 (2019)  
- $ 1,860,678 (2018)

#### ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td>$ 1,688,725</td>
<td>$ 1,589,246</td>
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<tr>
<td>Property and Equipment</td>
<td>19,108</td>
<td>13,361</td>
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<tr>
<td>Other Assets</td>
<td>454,012</td>
<td>473,513</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$ 2,161,845</td>
<td>$ 2,076,120</td>
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</table>

#### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
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<tbody>
<tr>
<td>Current Liabilities</td>
<td>$ 161,318</td>
<td>$ 193,799</td>
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<tr>
<td>Long Term Liabilities</td>
<td>11,684</td>
<td>21,642</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td>$ 173,002</td>
<td>$ 215,442</td>
</tr>
</tbody>
</table>

#### Net Assets

- Unrestricted
  - 1,534,581 (2019)  
  - 1,388,808 (2018)
- Temporarily Restricted
  - 0 (2019)  
  - 20,000 (2018)
- Permanently Restricted
  - 454,262 (2019)  
  - 451,870 (2018)

**Total Net Assets**

- $ 1,988,843 (2019)  
- $ 1,860,678 (2018)

#### Total Liabilities and Net Assets

- $ 2,161,845 (2019)  
- $ 2,076,120 (2018)

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One of the best things about working at Hamm is the sense of culture. All of these incredibly bright people, working together to provide the absolute best care for every single patient. It’s mental healthcare done right.

– Hamm Clinic Staff
| $50,000 and above                          | The Paula Richey/Hamm Clinic Education Fund of the Saint Paul Foundation  
Marie H. Ankeny Legacy Fund of The Minneapolis Foundation  
Edward H. Hamm, Jr.  
Hamm Foundation Fund of The Saint Paul Foundation  
Hersey Foundation  
Margaret H. and James E. Kelley Foundation  
Northern Star Foundation  
Otto Bremer Trust  
| $500 - $999                                 | Anonymous  
Ms. Kristin Ankeny Bickenbach  
The Philemon C. and Barbara Blach Roy Jr. Fund of the St. Paul Foundation  
Marilyn Broussard  
Annabelle Bush  
Harriet Ankeny Chute and Dr. Edmund P. Chute Family Fund of the Minneapolis Foundation  
Robert and Nancy Cooley  
Louisa D’Altilia  
Ann Dieperink  
Dr. John and Bonnie Driggs  
Mary and Rev. Don Horner  
The Minneapolis Foundation  
Nancy B. Nicholson  
2003 Charitable Lead Trust  
Dr. Robert Nesheim and Marlys Johnson  
Beth and Timothy Sullivan  
Dr. Virginia Vogel  
Dr. Scott Yarosh  
| $250 - $499                                 | Dr. Kate and John Boyle  
Kimie Clinton-Kearney  
Sally and John Cuningham  
Dr. Anne Garity  
Dr. Mark and Alison Halley  
Dr. Jennifer and Gerald Kertz  
Peggy and Terry Kingston  
Eliza Linley and David Richardson Fund-Pasadena Community Foundation  
Paul Traugh  
Dr. Mark and Barbara Sundby  
| $1,000 - $4,999                             | Susan Abderholden and Lee Keller  
AmazonSmile Foundation  
Richard and Pat Bourman  
Dr. Geraldine Chavis  
Jacquelyn and Jack Chlebeck  
Dr. David and Wanda Cline  
Vicki Coifman  
Kathleen and Douglas Clock  
Dr. Charme Davidson  
Robert and Carol Deppe  
Mrs. Helen Diehl  
Dr. Paul Fehrenbach  
Dennis Flom and Carol Thomas  
Holly Gainer  
Amber Garlan  
Emilia Godinez  
Dr. Norman and Jane Hanson  
Dr. James Hart and Dr. Maureen Reed  
Gail Hartman  
Ann and Charles James  
Dr. Kelley R. Jewett and Kristi Adams  
Michelle Jordan  
Margaret Kellogg and Diane Johnson  
Michael and Paula Koshmirl  
Susan Lieberman  
Dr. Robert Mantell and Dr. Susan Mantell  
Dr. Paul and Tara Mattessich  
William and Elinor Ogden  
John and Eunice Olson  
Carol Quest  
Robert and Christine Salmen  
Jonathan and Laura Savin  
Susan Sethna  
Travis Spangler  
Frank Tekautz  
Janet Thomas  
Mary Claire Wahlberg  
Ms. Wendy Wehr  
William Weisert and Brenda Cornelius  
Joan Wernick  
Sherri West  
| $10,000 - $49,999                           | F. R. Bigelow Foundation  
Hardenbergh Foundation  
Hubbard Broadcasting Foundation  
James J. Jordan Endowment for Psychiatry Fund of The Saint Paul Foundation  
The Richard M. Schulze Family Foundation of The Saint Paul Foundation  
| $5,000 - $9,999                             | Sally A. Anson Charitable Fund at Schwab Charitable  
Darlene and Dr. Richard Carroll Family Fund of The Minneapolis Foundation  
Abigail and Kenneth Dawkins  
The Hamm Memorial Psychiatric Clinic Endowment Fund  
Shawn Marie Hart-Eleanor Fitzpatrick Designated Fund of The Saint Paul Foundation/Shawn Marie Hart-Eleanor Fitzpatrick NFP Fund of The Saint Paul Foundation  
| $500 - $999                                 | Anonymous  
| $1,000 - $4,999                             | Baillon Family Foundation, Inc.  
William C. and Ann Hamm  
Dr. James and Mary Ellen Jordan  
Bill Lough and Barbara Pinaire  
Dr. Deane Manolis & Nancy G. Manolis Charitable Giving Fund  
| I wish that a resource like Hamm Clinic was there for my child when they really needed it. I want to help other people access this care and reduce stigma around mental health concerns.  
- Hamm Clinic Donor  

Thank you for your support!

Please accept our sincere apologies if we omitted or misspelled your name. Notify us of corrections by calling 651-224-0614.
Comprehensive mental health care is a basic human right and should be accessible to everyone.

hammclinic.org