



MICPP

NOW ACCEPTING APPLICATIONS

for the 2021–23 Cohort of the

CONTEMPORARY PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM (CPPP)

CURRICULUM*

YEAR ONE:

Evolving Psychoanalytic Concepts

Foundations of Psychoanalytic Self Psychology

Intersubjective Systems Theory

Attachment Theory and Other Developmental Concepts in Clinical Practice

Case Consultation

YEAR TWO:

Treating Trauma: Contemporary Psychoanalytic Perspectives

Contemporary Psychoanalytic Understandings and Treatment of Serious Mental Disorders

Couple Therapy: A Contemporary Psychoanalytic Sensibility

Contemporary Psychoanalytic Perspectives on Treating Adolescents and their Families

Transference and Countertransference in Contemporary Psychoanalytic Practice

Case Consultation

***Please Note:** Courses and sequence subject to change.

CONTEMPORARY PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM (CPPP)

General Description

The CPPP is a 2-year clinical training experience rooted in the values, attitudes and listening perspectives illuminated by the clinical theories of Self Psychology, Intersubjectivity and Attachment research. The excitement, creativity and diversity at the heart of these contemporary perspectives inspire students' personal and professional development. Through classroom teaching and discussion, group and individual case consultation, and personal psychotherapy participants expand their self-exploration, personal growth, critical thinking and clinical understanding and effectiveness.

The CPPP begins a new participant cohort every two years. The next cohort will commence their coursework in fall of 2021.

Program Details, Expectations and Requirements

Didactic: Five *theory courses* (6-weeks per course) are offered each year over the two-year program cycle. A weekly *clinical case consultation course* is offered in conjunction with each theory course, with special focus on the application of theory to participants' clinical cases.

While weekly class attendance is expected, it is understood that a student may be unable to attend every class in-person due to illness or other excused absence. For such cases, class sessions are recorded. Class recordings will be made available for any missed sessions so students may stay current with the course material. We expect students to be mindful of the impact of absences upon the group and teaching dynamics. Participants are urged to make it a priority to be present for classes not only for their own benefit but also for the benefit of the cohort and faculty.

Individual Supervision: Participants are required to complete 30 hours of individual supervision from an approved contemporary relational psychotherapist who will assist them with integration of theory and clinical practice. Individual supervision may commence any time following the first 12 weeks of their program.

Personal Psychotherapy: While not a program requirement, participants are strongly urged to engage in their own personal psychotherapy with a contemporary psychoanalytically-oriented psychotherapist. Doing so offers both an opportunity for continuing personal growth and enlarges one's capacity for empathic understanding and responsiveness in one's clinical work. (The Institute will be happy to assist students with referrals if requested.)

Schedule: All classes are held on Fridays from 2:00 – 5:00 p.m. (30 weeks per year, September – May, for two years).

Location: Classes are typically held in the conference room of the Hamm Clinic in downtown St. Paul, MN. The Hamm Clinic is located at 408 Saint Peter Street, Suite 429, St. Paul, MN 55102. *During the COVID-19 pandemic, however, classes have moved to online sessions via Zoom. Return to in-person classes at the Hamm Clinic is TBD based upon safety considerations for students and faculty.*

Eligibility: This program is for mental health professionals who have completed a minimum of a Master’s level graduate psychotherapy degree, are licensed to practice independently (or who are in a licensure process working under the supervision of a licensed psychotherapist), and are seeking to deepen their clinical understanding, skills and effectiveness drawing upon the core theoretical perspectives taught at the Institute.

Participants are required to carry their own malpractice insurance.

MICPP does not discriminate on the basis of race, color, gender, sexual orientation, religion, age, disability, national or ethnic background.

Admissions:

Admission is on a rolling basis. The application process includes the following:

1. Completion of a written application form.
2. An interview with one or more members of the Admissions Committee.
3. A copy of your license to practice psychotherapy or proof of being in the licensure. process working under licensed supervision.
4. A copy of your curriculum vitae or resume.
5. Proof of malpractice insurance.

Tuition and Fees: *Course Tuition* is \$2,200 per year (a total of \$4,400 for the two-year program). Yearly course tuition is typically be billed/collected in two installments: one in early September (\$1,100) and the second in early January (\$1,100).

Individual Supervision Fees and Personal Psychotherapy Fees are negotiated with and paid directly to the provider of those services, not to the Institute.

To Apply or For Further Information About the CPPP, please contact Emily Hollidge, MSW, LICSW at ehollidge@comcast.net.

APPLICATION FORM FOR THE

CONTEMPORARY PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM (CPPP)

Please Provide the Following Personal Information:

- Application Date
- Applicant’s Name
- Street Address
- City and Zip Code
- Home Phone
- Work Phone
- Cell Phone
- Email Address

Please Provide the Following Professional Background Information:

- Highest Professional Degree
- Year Degree Completed
- Name of School
- License Type and No.
- Current Employment

Please Briefly Answer the Following Questions:

1. Describe your current work setting and give examples of your current clinical work.
2. Have you had previous psychoanalytic training (coursework, supervision, independent study)? Please describe.
3. What interests you about a psychoanalytic approach?
4. What do you hope to gain through participating in this training program?
5. Please provide any additional information that you think would be helpful to the admissions committee in considering your application.

Please return this application, together with a copy of your license, Vita or resume and proof of malpractice insurance to:

MICP&P Admissions Committee
c/o Emily Hollidge, MSW, LICSW
2130 Cliff Road, Suite 210-A, Saint Paul, MN 55122
O: (651) 452-2266 C: (651) 336-1504
Email: ehollidge@comcast.net
