

EMBRACING CHANGE.

SUPPORTIVE

FLEXIBLE

INTENTIONAL

CREATIVE

INNOVATIVE

GROWING

INTEGRATED



Dear Supporters,



It is our honor to present to you the 2021 Hamm Clinic Annual Report. The past year has required us to use strength and fortitude to navigate a global pandemic together. We have had to remain nimble and innovative amidst exceptional challenges and risks. We had our own losses, too: we grieved the death of one of our founding board members, Ted Hamm, Sr. Mr. Hamm served on our board for more than 50 years, an enthusiastic advocate for mental health care in St. Paul.

In spite of the difficulties, Hamm Clinic has not only survived, but found exciting ways to grow and evolve. We chose to reimagine the clinic's future through our strategic planning process. Our intention for the next year is to continue to embrace change as we take the opportunities this pandemic has brought to innovate and creatively meet our community's mental health needs. We are eager to roll out the transformations this process manifested which ensure we remain vital to the community and sustainable for future generations.

One key component of this is expanding our staff and physical space to better meet our mission. We will be sharing details of our planned move next year. Our heart is, and will remain, in Saint Paul.

We are offering new services to address trauma, including trauma resulting from the pandemic. We have fully implemented the trauma-informed care component of our *Healing Together*[™] Model of Care, fortifying our position as a leader in the mental health sector of the Twin Cities and beyond. All of our providers have the comprehensive training and experience to treat the underlying effects of complex trauma on mental health in an interdisciplinary team.

Our intention for the next year is to continue to embrace change as we take the opportunities this pandemic has brought to innovate and creatively meet our community's mental health needs.

While this last year has presented many challenges for our clients and staff, we have also found deep gratitude for connection, laughter, and joy. We are proud to continue our legacy of supporting our clients and community in recovery and healing. We appreciate the support of our staff, volunteers, donors, and our community. We look forward to partnering with you as we work to realize a brighter tomorrow.

Gratefully,



Angie Lewis-Dmello
Executive Director
Hamm Clinic



Henry Stokman
Board President
Hamm Clinic

Training the Next Generation of Providers: An Interdisciplinary Cohort Model

This year, Hamm Clinic was pleased to host thirteen trainees from the disciplines of psychology, social work, and psychiatry – expanding to include two case management interns. Two of our social work trainees were recruited through our Hamm Horizon’s Fellowship program, which is designed to increase the number of mental health practitioners of color. All of our trainees benefited from Hamm’s interdisciplinary cohort model, learning to improve all aspects of health by working closely across disciplines.

“Hamm Clinic’s training program is supportive, comprehensive, flexible, and engaging.”

– Hamm Clinic Trainee

Together, the graduate interns participated in weekly didactic training, where they learned to take theory to practice application in our *Healing Together™* Model of Care – emphasizing care in a relational psychodynamic, culturally-responsive/anti-oppressive, and trauma-informed framework. They developed skills for artful collaborative relationships and learned to evaluate their practice to ensure its efficacy. We see our work in training as deeply missional, ensuring high quality care for our community.



The Intersection of Culturally Responsive and Trauma Informed Care: Serving Asylum Seekers



Hamm Clinic now offers comprehensive mental health evaluations for asylum seekers as part of their immigration petition, thanks to a generous grant from the Mount Sinai

Community Foundation. We are excited to provide access to this service, as these evaluations are often expensive and difficult to obtain due to the paucity of providers trained in conducting them. In the US, asylum seekers must go through a long and arduous immigration process, while living in fear and hardship, uncertain if they will be forced to return to their home country and be persecuted again – often facing torture and death.

Hamm Clinic is proud to have trained several providers in the unique skills needed to conduct these evaluations and complete the comprehensive reports. This documentation is often instrumental in helping asylum seekers articulate the effects of their persecution on their mental health and provide the asylum officer the information needed to grant them asylum. Our multi-disciplinary *Healing Together™* Model of Care ensures that everyone receives a trauma-responsive, culturally responsive evaluation and, as-requested, follow-up with case management, psychotherapy, and psychiatric services.

Holistic Healing Through Case Management

We have dreamt of offering case management supports for years. Since June 2021, that vision has been growing into a vibrant reality.

“I believe that having access and knowing about the types of available resources is a good starting point for any individual – whether that is to be more independent or maintain stability in the community,” said Melinda Xong, Case Manager, at Hamm Clinic.

Melinda brings rich experience to her role as Hamm Clinic’s case manager and supervisor of two program interns. In partnership with clients, they commit to clarifying goals, advocating for individuals, and connecting them to vital resources in the community.

We appreciate the dedication of our case management staff and interns, as they help live out our agency values of providing client-centered, culturally-responsive care.

Serving Greater Minnesota Announcing Psychiatric Care Partnership with Western Mental Health Center



Because of the severe shortage of psychiatrists in Greater Minnesota, all geographic regions outside of the Twin Cities have been

designated Health Professional Shortage Areas by the US Department of Health and Human Services. In response to this shortage, Hamm Clinic has built a sustainable partnership with Western Mental Health Center (WMHC) located in Marshall, Minnesota and serving five counties in Western Minnesota.

Like Hamm Clinic, WMHC is a nonprofit community mental healthcare center with the goals of promoting and advancing mental health as well as providing collaborative and educational services. WMHC has a comprehensive care strategy including therapists, psychiatric providers, case management services,

mobile crisis, adult and child/adolescent services, and substance use treatment.

As the coordinator of this partnership, this initiative draws on Dr. Lile's clinical acumen and his leadership experience in both addiction medicine and psychiatry and allows Hamm to support access to high quality mental health care in Greater Minnesota. Due to the expansion of telehealth services, Dr. Lile can provide psychiatry services remotely.

Hamm Clinic recognizes the benefits of strategic partnerships with other agencies, including strengthening and improving our own clinical practices. It is an honor for Hamm Clinic to support the greater mental health community in Western Minnesota.



Hamm Clinic's New Mission and Vision Creates New Opportunities for Community Healing

Hamm Clinic's mission is to promote mental health with culturally responsive, relational care to adults, especially to those facing financial barriers.

Over the past year, Hamm Clinic has carefully evaluated where we are as an organization and has determined our future direction. Using our findings, we have created a refreshed mission statement and developed a vision statement to guide our work for the next 5 or more years.

Our new mission statement - "Hamm Clinic's mission is to promote mental health with culturally responsive, relational care to adults, especially to those facing financial barriers" - provides a succinct and accurate picture of why Hamm Clinic's staff come to work each day in service to the community.

Our vision statement is the culmination of board and staff efforts, building off the strength of our 2020-2023 Strategic Plan. It is our dream of the future for Hamm Clinic and, coupled with our mission, lays the groundwork for organizational strategy now and into the future. To see the vision statement in its entirety, view it on the 'About' page of our website.

We believe that with this refresh, Hamm Clinic can build on our long and proud legacy of leadership in the mental health sector. Our community deserves a place where all people can access affordable, culturally responsive care to meet their full health potential.

Learn more at
www.HammClinic.org/about



Remembering Ted Hamm, Sr.

The community of St. Paul lost a stalwart advocate for mental health services with the recent death of Ted Hamm, Sr. One of the earliest board members of Hamm Clinic, Mr. Hamm continued to serve on the Board of Directors for more than 50 years.

“He was visibly invested, but always trusted the staff to know how to best meet Hamm Clinic’s mission and the vision set forth by the board. He has been a steady, stable force which has allowed the clinic to do its best work. His presence will be missed as we continue his legacy to meet the needs of our community. It is an honor that Ted Hamm, Jr. will continue with the Board of Directors. Mr. Hamm, Sr. will be greatly missed.” Angie Lewis-Dmello, Executive Director



Read the tributes to Ted Hamm, Sr.



Shaping the Future

Hamm Clinic has formally launched its initiative for integrating the voices of our most impactful supporters called the Legacy + Innovation Circle. Our Legacy + Innovation Circle represents key stakeholders who will help to shape the future of Hamm Clinic. We launch it in honor of our long-time board member and supporter, Edward Hamm Sr.

By participating in the Legacy + Innovation Circle, supporters of Hamm’s mission will have the benefit of sharing their experiences and passion for Hamm Clinic directly to help shape our vision. Members will be invited to quarterly check-ins with the Executive Director, Angie Lewis-Dmello, to discuss updates, questions, and suggestions for our work. As the pandemic hopefully comes to a swift conclusion, we will also be planning specific events for Legacy + Innovation Society members to build connections with other alumni as well as deepen their relationship with current Hamm Clinic staff, Board, and trainees.

We hope you will join us in creating a vision for Hamm Clinic that ensures all Minnesotans have access to trauma-informed, culturally responsive, high quality mental health services.

Learn more at www.HammClinic.org



The impact Hamm Clinic has made over the last fiscal year:

512

Individuals Served

13,390

Client Appointments

64 served in Groups

189

Group Sessions

44 Couples & Families

186

Couples/Family Sessions

252

Psychiatry clients

1,155

Psychiatry Sessions

68%

Overcame Financial Barriers

25% Clients were

unemployed at the time they sought services

Donors JULY 1, 2020 - JUNE 30, 2021

\$10,000 - \$49,999

Anderson Corporate Foundation
Department of Human Services
PeaceTime Emergency Relief
Mini Grant
F.R. Bigelow Foundation
Hardenbergh Foundation
James J. Jordan Endowment
for Psychiatry Fund of The Saint
Paul Foundation
Marie H. Ankeny Legacy Fund
of The Minneapolis Foundation
Minnesota Department
of Human Services
Richard M. Schulze Family
Foundation
The Saint Paul & Minnesota
Foundations
Stanley and Karen Hubbard

\$5,000 - \$9,999

Richard and Darlene Carroll
Shawn Marie Eleanor Fitzpatrick
The Hamm Memorial Psychiatric
Clinic Endowment Fund
James Ford Bell Foundation
Mount Sinai Community
Foundation
Henry and Sara Stokman
TEGNA Foundation
UnitedHealth Group

\$1,000 - \$4,999

Damon Anderson
John and Bonnie Driggs
Ken Ebel
Edward Hamm, Jr.
Bud and Randy Ingram-Lile
James and Mary Ellen Jordan
Jeremy and Michelle Lang
Bill Lough and Barbara Pinaire
The Paula Richey/Hamm Clinic
Education Fund of The Saint Paul
Foundation
Jacques and Lydie Stassart
John and Eleanor Yackel

\$500 - \$999

Leslie Anson von Wangenheim
Baillon Family Foundation, Inc.
Anthony and Beverly D'Agostino
Charme Davidson
Ann Dieperink
Roger and Pat Katzenmaier
Darrin Kuhnke
Debra Laaser
Angela Lewis-Dmello
Raeone Magnuson
Thomas and Diane Murphy
Richard and Nancy Nicholson
Fund Nicholson Family
Foundation
Shawn Marie Hart Eleanor
Fitzpatrick Funds of TSPF

\$250 - \$499

Julie Bluhm and Stephen Gumnit
Kate and John Boyle
Fidelity Charitable Gift Fund
Rosa Garcia-Peltoniemi
Mark and Alison Halley
Richard and Patricia Hellman
Thomas and Rita Marr
John Militello and
Marilee DesLauriers
Bob Nesheim and
Marlys Johnson
Yvonne and James Nobles
William and Elinor Ogden
Roger Opp and Patricia Hvidston
Laura Petracek
Carol Quest
Barbara Roy
Susan Sethna
Beth and Timothy Sullivan
Mary Claire Wahlberg
William Weisert and
Brenda Cornelius
Up to \$250
Susan Abderholden
and Lee Keller
Mari Adams
Marilyn Broussard

Jacquelyn and
Jack Chlebeck
David and Wanda Cline
Rebecca Cooke
Kathleen Corley
Robert and Carol Deppe
Paul and Donna Fehrenbach
Karen Feit
Dennis Flom and
Carol Thomas
Margaret Garlan
Mary Hanson
Patricia Harmon
James Hart and
Maureen Reed
Pamela Henderson
Jean and James Horn
Mary Ellen and Don Jaehne
Ann and Charles James
James Jordan
Sophia Kim
Michael and Paula Koshmrl
Rubin Latz
Robert and Susan Mantell
Marge and Jim Mazzoni
Mary Meyer
Sharon and Richard Mrocek
Kyle Murray
John O'Brien
Rosemary O'Brien
ONEHOPE Foundation
Mary Jane and Bruce Pappas
Stacy Rankin Greco
David Richardson
and Eliza Linley
Lizz Sable Stauning
Joseph Small
Emily Solem
Frank and Mary Tekautz
Paul Traugh
Larry Tucker
Janet Utech
Cary Walski
Wendy Wehr
Peter Zelles

We are proud
to continue
our legacy of
supporting
our clients and
community in
recovery and
healing.

We appreciate
the support
of our staff,
volunteers,
donors, and our
community.

Thank you. You
make this work
possible.

Thank you for your support!

Please accept our
sincere apologies
if we omitted or
misspelled your
name. Notify us of
corrections by calling
651-224-0614.

Financial Position JULY 1, 2020 - JUNE 30, 2021

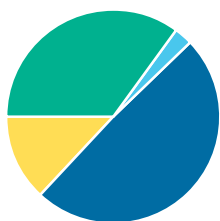
	2021	2020
REVENUE AND SUPPORT		
Client Fees and Contracts	\$1,253,990	\$1,019,867
Seminar Fees and Other	107,494	41,374
Total Revenue from Services	\$1,361,484	\$1,061,241
Contributions and Endowment	1,759,022	1,629,378
Investment Income	(207)	10,699
Forgiveness of Paycheck Protection Program	323,200	
Change in Value - Community Foundation Funds	127,959	(11,189)
Total Revenue from Services and Support	\$3,571,458	\$2,690,129

	2021	2020
EXPENSES		
Clinical Services	\$1,839,316	\$1,620,892
Training and Education	221,015	230,467
Research	19,817	32,409
Community Outreach	73,656	6,896
Administration	537,352	673,619
Fundraising	115,726	103,775
Total Expenses	\$2,806,882	\$2,668,058
Change in Net Assets	\$764,576	\$22,071
Net Assets - Beginning of Year	\$2,010,914	\$1,988,843
NET ASSETS - END OF YEAR	\$2,775,490	\$2,010,914

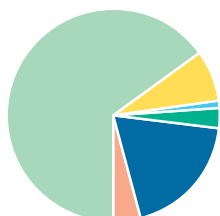
	2021	2020
ASSETS		
Current Assets	2,514,077	2,136,026
Property and Equipment	20,387	11,271
Other Assets	551,679	424,949
Total Assets	3,086,143	2,572,246

	2021	2020
LIABILITIES AND NET ASSETS		
Current Liabilities	305,167	378,070
Long Term Liabilities	5,486	183,262
Total Liabilities	310,653	561,332

	2021	2020
NET ASSETS		
With Donor Restrictions	2,132,978	1,557,173
Without Donor Restrictions	642,512	453,741
Total Net Assets	2,775,490	2,010,914
Total Liabilities and Net Assets	3,086,143	2,572,246



- REVENUE:**
- Client Fees and Contracts 35%
 - Seminar Fees and Other 3%
 - Contributions and Endowment 49%
 - Other Income 13%



- EXPENSES:**
- Clinical Services 65%
 - Training and Education 8%
 - Research 1%
 - Community Outreach 3%
 - Administration 19%
 - Fundraising 4%

Hamm Clinic Staff & Board Members

STAFF

Angela Lewis-Dmello, MSW, LICSW
Executive Director

Annelise Herskowitz, MSW, LICSW
Licensed Clinical Social Worker

Beryl Belmonte
Development Associate

Bill Caperton, PhD
Group Supervisor and Psychologist

Bud Ingram Lile, MD
Director of Psychiatry

Bruce Field, MD
Psychiatrist

Connor Molloy, MSW, LGSW
Clinical Social Work Fellow

Cristina Combs, MSW, LICSW
Director of Clinical Services

Damaris Perez Ramirez, MA, LP
Psychologist

Helen Wu, PhD, LP
Psychologist

Ivy Johnson, MSW, LGSW
Licensed Graduate Social Worker

Janet Finlayson, PhD, LP
Psychological Assessment Coordinator and Psychologist

Jennifer Prock
Finance Manager

Jenny Cheney, MSW, LGSW
Clinical Social Work Fellow

Kari Roepke
Director of Operations

Kimberly Glover, PsyD
Post-Doctoral Fellow

Kira Pontiff
Office Manager

Kyle Murray, MSW, LICSW
Education Coordinator and Clinical Social Worker

Leydi Lopez Rosalez, MSW, LGSW
Licensed Graduate Social Worker

Melinda Xong
Office Specialist and Case Manager

Nancy Seger, MSW, LISW
Interim Director of Training

Natalie Taber, MSW, LICSW
Licensed Clinical Social Worker

Lauren Scholder, PsyD, LP
Psychologist

Paul O'Hara, M.Div, MA, LP
Psychologist

Peter Zelles, PhD, LP, ABPP
Psychology Assessment Supervisor

Rachel Richardson, MSW, LICSW
Licensed Clinical Social Worker

Rosie O'Brien, PsyD, LP
APA and Assessment Programs Supervisor

Susan Jasko, MSW, LICSW
Asylum Assessment Coordinator and Licensed Clinical Social Worker

Su Sethna, MSW, LICSW
Associate Clinical Director

Tabitha Maxfield, MSW, LGSW
Clinical Social Work Fellow

Whitney Ledesma
Billing and Credentialing Specialist

Yvonne Nobles, PsyD, LP
Psychologist

BOARD MEMBERS

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Vice President, Operations, R1 RCM Inc.

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Treasurer
Chief Financial Officer, High Bar Brands

Raeone Magnuson
Secretary
Community Volunteer

Edward Hamm Jr.
Founding Member

Kelley O'Neill
Founding Member, Sheep Improvement Company

Julie Bluhm
CEO, Guild

Ken Ebel
Community Volunteer



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(651) 224-0614
(651) 224-5754 fax



Comprehensive mental health care is a basic human right and should be accessible to everyone.

hammclinic.org

 Follow us at facebook.com/HammClinic



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