EMBRACING CHANGE.

SUPPORTIVE
FLEXIBLE
CREATIVE
INTENTIONAL
GROWING
INNOVATIVE
INTEGRATED

2021 REPORT TO THE COMMUNITY
Dear Supporters,

It is our honor to present to you the 2021 Hamm Clinic Annual Report. The past year has required us to use strength and fortitude to navigate a global pandemic together. We have had to remain nimble and innovative amidst exceptional challenges and risks. We had our own losses, too: we grieved the death of one of our founding board members, Ted Hamm, Sr. Mr. Hamm served on our board for more than 50 years, an enthusiastic advocate for mental health care in St. Paul.

In spite of the difficulties, Hamm Clinic has not only survived, but found exciting ways to grow and evolve. We chose to reimagine the clinic's future through our strategic planning process. Our intention for the next year is to continue to embrace change as we take the opportunities this pandemic has brought to innovate and creatively meet our community’s mental health needs. We are eager to roll out the transformations this process manifested which ensure we remain vital to the community and sustainable for future generations.

One key component of this is expanding our staff and physical space to better meet our mission. We will be sharing details of our planned move next year. Our heart is, and will remain, in Saint Paul.

We are offering new services to address trauma, including trauma resulting from the pandemic. We have fully implemented the trauma-informed care component of our Healing Together™ Model of Care, fortifying our position as a leader in the mental health sector of the Twin Cities and beyond. All of our providers have the comprehensive training and experience to treat the underlying effects of complex trauma on mental health in an interdisciplinary team.

Our intention for the next year is to continue to embrace change as we take the opportunities this pandemic has brought to innovate and creatively meet our community’s mental health needs.

While this last year has presented many challenges for our clients and staff, we have also found deep gratitude for connection, laughter, and joy. We are proud to continue our legacy of supporting our clients and community in recovery and healing. We appreciate the support of our staff, volunteers, donors, and our community. We look forward to partnering with you as we work to realize a brighter tomorrow.

Gratefully,

Angie Lewis-Dmello
Executive Director
Hamm Clinic

Henry Stokman
Board President
Hamm Clinic
Training the Next Generation of Providers: An Interdisciplinary Cohort Model

This year, Hamm Clinic was pleased to host thirteen trainees from the disciplines of psychology, social work, and psychiatry – expanding to include two case management interns. Two of our social work trainees were recruited through our Hamm Horizon’s Fellowship program, which is designed to increase the number of mental health practitioners of color. All of our trainees benefited from Hamm’s interdisciplinary cohort model, learning to improve all aspects of health by working closely across disciplines.

Together, the graduate interns participated in weekly didactic training, where they learned to take theory to practice application in our Healing Together™ Model of Care – emphasizing care in a relational psychodynamic, culturally-responsive/anti-oppressive, and trauma-informed framework. They developed skills for artful collaborative relationships and learned to evaluate their practice to ensure its efficacy. We see our work in training as deeply missional, ensuring high quality care for our community.

Holistic Healing Through Case Management

We have dreamt of offering case management supports for years. Since June 2021, that vision has been growing into a vibrant reality.

“Organizations’ training program is supportive, comprehensive, flexible, and engaging.”
– Hamm Clinic Trainee

The Intersection of Culturally Responsive and Trauma Informed Care: Serving Asylum Seekers

Hamm Clinic now offers comprehensive mental health evaluations for asylum seekers as part of their immigration petition, thanks to a generous grant from the Mount Sinai Community Foundation. We are excited to provide access to this service, as these evaluations are often expensive and difficult to obtain due to the paucity of providers trained in conducting them. In the US, asylum seekers must go through a long and arduous immigration process, while living in fear and hardship, uncertain if they will be forced to return to their home country and be persecuted again – often facing torture and death.

Hamm Clinic is proud to have trained several providers in the unique skills needed to conduct these evaluations and complete the comprehensive reports. This documentation is often instrumental in helping asylum seekers articulate the effects of their persecution on their mental health and provide the asylum officer the information needed to grant them asylum. Our multi-disciplinary Healing Together™ Model of Care ensures that everyone receives a trauma-responsive, culturally responsive evaluation and, as-requested, follow-up with case management, psychotherapy, and psychiatric services.
Serving Greater Minnesota

Announcing Psychiatric Care Partnership with Western Mental Health Center

Because of the severe shortage of psychiatrists in Greater Minnesota, all geographic regions outside of the Twin Cities have been designated Health Professional Shortage Areas by the US Department of Health and Human Services. In response to this shortage, Hamm Clinic has built a sustainable partnership with Western Mental Health Center (WMHC) located in Marshall, Minnesota and serving five counties in Western Minnesota.

Like Hamm Clinic, WMHC is a nonprofit community mental healthcare center with the goals of promoting and advancing mental health as well as providing collaborative and educational services. WMHC has a comprehensive care strategy including therapists, psychiatric providers, case management services, mobile crisis, adult and child/adolescent services, and substance use treatment.

As the coordinator of this partnership, this initiative draws on Dr. Lile’s clinical acumen and his leadership experience in both addiction medicine and psychiatry and allows Hamm to support access to high quality mental health care in Greater Minnesota. Due to the expansion of telehealth services, Dr. Lile can provide psychiatry services remotely.

Hamm Clinic recognizes the benefits of strategic partnerships with other agencies, including strengthening and improving our own clinical practices. It is an honor for Hamm Clinic to support the greater mental health community in Western Minnesota.

Hamm Clinic’s New Mission and Vision Creates New Opportunities for Community Healing

Hamm Clinic’s mission is to promote mental health with culturally responsive, relational care to adults, especially to those facing financial barriers.

Over the past year, Hamm Clinic has carefully evaluated where we are as an organization and has determined our future direction. Using our findings, we have created a refreshed mission statement and developed a vision statement to guide our work for the next 5 or more years.

Our new mission statement - “Hamm Clinic’s mission is to promote mental health with culturally responsive, relational care to adults, especially to those facing financial barriers” - provides a succinct and accurate picture of why Hamm Clinic’s staff come to work each day in service to the community.

Our vision statement is the culmination of board and staff efforts, building off the strength of our 2020-2023 Strategic Plan. It is our dream of the future for Hamm Clinic and, coupled with our mission, lays the groundwork for organizational strategy now and into the future. To see the vision statement in its entirety, view it on the ‘About’ page of our website.

We believe that with this refresh, Hamm Clinic can build on our long and proud legacy of leadership in the mental health sector. Our community deserves a place where all people can access affordable, culturally responsive care to meet their full health potential.
Remembering Ted Hamm, Sr.

The community of St. Paul lost a stalwart advocate for mental health services with the recent death of Ted Hamm, Sr. One of the earliest board members of Hamm Clinic, Mr. Hamm continued to serve on the Board of Directors for more than 50 years.

“He was visibly invested, but always trusted the staff to know how to best meet Hamm Clinic’s mission and the vision set forth by the board. He has been a steady, stable force which has allowed the clinic to do its best work. His presence will be missed as we continue his legacy to meet the needs of our community. It is an honor that Ted Hamm, Jr. will continue with the Board of Directors. Mr. Hamm, Sr. will be greatly missed.” Angie Lewis-Dmello, Executive Director

Shaping the Future

Hamm Clinic has formally launched its initiative for integrating the voices of our most impactful supporters called the Legacy + Innovation Circle. Our Legacy + Innovation Circle represents key stakeholders who will help to shape the future of Hamm Clinic. We launch it in honor of our long-time board member and supporter, Edward Hamm Sr.

By participating in the Legacy + Innovation Circle, supporters of Hamm’s mission will have the benefit of sharing their experiences and passion for Hamm Clinic directly to help shape our vision. Members will be invited to quarterly check-ins with the Executive Director, Angie Lewis-Dmello, to discuss updates, questions, and suggestions for our work. As the pandemic hopefully comes to a swift conclusion, we will also be planning specific events for Legacy + Innovation Society members to build connections with other alumni as well as deepen their relationship with current Hamm Clinic staff, Board, and trainees.

We hope you will join us in creating a vision for Hamm Clinic that ensures all Minnesotans have access to trauma-informed, culturally responsive, high quality mental health services.
We are proud to continue our legacy of supporting our clients and community in recovery and healing.

We appreciate the support of our staff, volunteers, donors, and our community.

Thank you. You make this work possible.

Thank you for your support!

Please accept our sincere apologies if we omitted or misspelled your name. Notify us of corrections by calling 651-224-0614.

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**Donors** JULY 1, 2020 - JUNE 30, 2021

**$10,000 - $49,999**
- Anderson Corporate Foundation
- Department of Human Services
- PeaceTime Emergency Relief Mini Grant
- F.R. Bigelow Foundation
- Hardenbergh Foundation
- James J. Jordan Endowment for Psychiatry Fund of The Saint Paul Foundation
- Marie H. Ankeny Legacy Fund of The Minneapolis Foundation
- Minnesota Department of Human Services
- Richard M. Schulze Family Foundation
- The Saint Paul & Minnesota Foundations
- Stanley and Karen Hubbard

**$5,000 - $9,999**
- Richard and Darlene Carroll
- Shawn Marie Eleanor Fitzpatrick
- The Hamm Memorial Psychiatric Clinic Endowment Fund
- James Ford Bell Foundation
- Mount Sinai Community Foundation
- Henry and Sara Stokman
- TEGNA Foundation
- UnitedHealth Group

**$1,000 - $4,999**
- Damon Anderson
- John and Bonnie Driggs
- Ken Ebel
- Edward Hamm, Jr.
- Bud and Randy Ingram-Lile
- James and Mary Ellen Jordan
- Jeremy and Michelle Lang
- Bill Lough and Barbara Pinaire
- The Paula Richey/Hamm Clinic Education Fund of The Saint Paul Foundation
- Jacques and Lydie Stassart
- John and Eleanor Yackel

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**$500 - $999**
- Leslie Anson von Wangenheim
- Baillon Family Foundation, Inc.
- Anthony and Beverly D’Agostino
- Charme Davidson
- Ann Dieperink
- Roger and Pat Katzenmaier
- Darrin Kuhnke
- Debra Laaser
- Angela Lewis-Dmello
- Raeone Magnuson
- Thomas and Diane Murphy
- Richard and Nancy Nicholson
- Fund Nicholson Family Foundation
- Shawn Marie Hart Eleanor Fitzpatrick Funds of TSPF

**$250 - $499**
- Julie Bluhm and Stephen Gummit
- Kate and John Boyle
- Fidelity Charitable Gift Fund
- Rosa Garcia-Peltoniemi
- Mark and Alison Halley
- Richard and Patricia Hellman
- Thomas and Rita Marr
- John Militello and Marilee DesLauriers
- Bob Nesheim and Marlys Johnson
- Yvonne and James Nobles
- William and Elinor Ogden
- Roger Opp and Patricia Hvidston
- Laura Petracek
- Carol Quest
- Barbara Roy
- Susan Sethna
- Beth and Timothy Sullivan
- Mary Claire Wahlberg
- William Weisert and Brenda Cornelius

**Up to $250**
- Susan Abderholden and Lee Keller
- Mari Adams
- Marilyn Broussard
- Jacqueline and Jack Chlebeck
- David and Wanda Cline
- Rebecca Cooke
- Kathleen Corley
- Robert and Carol Deppe
- Paul and Donna Feulnerbach
- Karen Feit
- Dennis Flom and Carol Thomas
- Margaret Garlan
- Mary Hanson
- Patricia Harmon
- James Hart and Maureen Reed
- Pamela Henderson
- Jean and James Horn
- Mary Ellen and Don Jaehne
- Ann and Charles James
- James Jordan
- Sophia Kim
- Michael and Paula Koshmrl
- Rubin Latz
- Robert and Susan Mantell
- Marge and Jim Mazzoni
- Mary Meyer
- Sharon and Richard Mrocek
- Kyle Murray
- John OBrien
- Rosemary O’Brien
- ONEHOPE Foundation
- Mary Jane and Bruce Pappas
- Stacy Rankin Greco
- David Richardson and Eliza Linley
- Lizz Sable Stauning
- Joseph Small
- Emily Solem
- Frank and Mary Tekautz
- Paul Traugh
- Larry Tucker
- Janet Utech
- Cary Walski
- Wendy Wehr
- Peter Zelles
## Hamm Clinic Staff & Board Members

<table>
<thead>
<tr>
<th><strong>STAFF</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Angela Lewis-Dmello, MSW, LICSW</td>
<td>Executive Director</td>
</tr>
<tr>
<td>Annelise Herskowitz, MSW, LICSW</td>
<td>Licensed Clinical Social Worker</td>
</tr>
<tr>
<td>Beryl Belmonte</td>
<td>Development Associate</td>
</tr>
<tr>
<td>Bill Caperton, PhD</td>
<td>Group Supervisor and Psychologist</td>
</tr>
<tr>
<td>Bud Ingram Lile, MD</td>
<td>Director of Psychiatry</td>
</tr>
<tr>
<td>Bruce Field, MD</td>
<td>Psychiatrist</td>
</tr>
<tr>
<td>Connor Molloy, MSW, LGSW</td>
<td>Clinical Social Work Fellow</td>
</tr>
<tr>
<td>Cristina Combs, MSW, LICSW</td>
<td>Director of Clinical Services</td>
</tr>
<tr>
<td>Damaris Perez Ramirez, MA, LP</td>
<td>Psychologist</td>
</tr>
<tr>
<td>Helen Wu, PhD, LP</td>
<td>Psychologist</td>
</tr>
<tr>
<td>Ivy Johnson, MSW, LGSW</td>
<td>Licensed Graduate Social Worker</td>
</tr>
<tr>
<td>Janet Finlayson, PhD, LP</td>
<td>Psychological Assessment Coordinator and Psychologist</td>
</tr>
<tr>
<td>Jennifer Prock</td>
<td>Finance Manager</td>
</tr>
<tr>
<td>Jenny Cheney, MSW, LGSW</td>
<td>Clinical Social Work Fellow</td>
</tr>
<tr>
<td>Kari Roepke</td>
<td>Director of Operations</td>
</tr>
<tr>
<td>Kimberly Glover, PsyD</td>
<td>Post-Doctoral Fellow</td>
</tr>
<tr>
<td>Kira Pontiff</td>
<td>Office Manager</td>
</tr>
<tr>
<td>Kyle Murray, MSW, LICSW</td>
<td>Education Coordinator and Clinical Social Worker</td>
</tr>
<tr>
<td>Leydi Lopez Rosalez, MSW, LGSW</td>
<td>Licensed Graduate Social Worker</td>
</tr>
<tr>
<td>Melinda Xong</td>
<td>Office Specialist and Case Manager</td>
</tr>
<tr>
<td>Nancy Seger, MSW, LISW</td>
<td>Interim Director of Training</td>
</tr>
<tr>
<td>Natalie Taber, MSW, LICSW</td>
<td>Licensed Clinical Social Worker</td>
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<table>
<thead>
<tr>
<th><strong>BOARD MEMBERS</strong></th>
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</thead>
<tbody>
<tr>
<td>Henry Stokman</td>
<td>President</td>
</tr>
<tr>
<td>Damon Anderson, CPA</td>
<td>Treasurer</td>
</tr>
<tr>
<td>Raeone Magnuson</td>
<td>Secretary</td>
</tr>
<tr>
<td>Edward Hamm Jr.</td>
<td>Founding Member</td>
</tr>
<tr>
<td>Kelley O’Neill</td>
<td>Founding Member, Sheep Improvement Company</td>
</tr>
<tr>
<td>Julie Bluhm</td>
<td>CEO, Guild</td>
</tr>
<tr>
<td>Ken Ebel</td>
<td>Community Volunteer</td>
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## Financial Position

### REVENUE AND SUPPORT

<table>
<thead>
<tr>
<th></th>
<th>2021</th>
<th>2020</th>
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<tbody>
<tr>
<td>Client Fees and Contracts</td>
<td>$1,253,990</td>
<td>$1,019,867</td>
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<tr>
<td>Seminar Fees and Other</td>
<td>107,494</td>
<td>41,374</td>
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<tr>
<td><strong>Total Revenue from Services</strong></td>
<td><strong>$1,361,484</strong></td>
<td><strong>$1,061,241</strong></td>
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<tr>
<td>Contributions and Endowment</td>
<td>1,759,022</td>
<td>1,629,378</td>
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<tr>
<td>Investment Income</td>
<td>(207)</td>
<td>10,699</td>
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<tr>
<td>Forgiveness of Paycheck Protection Program</td>
<td>323,200</td>
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<tr>
<td>Change in Value - Community Foundation Funds</td>
<td>127,959</td>
<td>(11,189)</td>
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<tr>
<td><strong>Total Revenue from Services and Support</strong></td>
<td><strong>$3,571,458</strong></td>
<td><strong>$2,690,129</strong></td>
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### EXPENSES

<table>
<thead>
<tr>
<th></th>
<th>2021</th>
<th>2020</th>
</tr>
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<tbody>
<tr>
<td>Clinical Services</td>
<td>$1,839,316</td>
<td>$1,620,892</td>
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<tr>
<td>Training and Education</td>
<td>221,015</td>
<td>230,467</td>
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<td>Research</td>
<td>19,817</td>
<td>32,409</td>
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<tr>
<td>Community Outreach</td>
<td>73,656</td>
<td>6,896</td>
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<tr>
<td>Administration</td>
<td>537,352</td>
<td>673,619</td>
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<tr>
<td>Fundraising</td>
<td>115,726</td>
<td>103,775</td>
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<td><strong>Total Expenses</strong></td>
<td><strong>$2,806,882</strong></td>
<td><strong>$2,668,058</strong></td>
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### Change in Net Assets

<table>
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<tr>
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<th>2020</th>
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<tbody>
<tr>
<td>Net Assets - Beginning of Year</td>
<td>$2,010,914</td>
<td>$1,988,843</td>
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<tr>
<td><strong>NET ASSETS - END OF YEAR</strong></td>
<td><strong>$2,775,490</strong></td>
<td><strong>$2,010,914</strong></td>
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### ASSETS

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<thead>
<tr>
<th></th>
<th>2021</th>
<th>2020</th>
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<tbody>
<tr>
<td>Current Assets</td>
<td>2,514,077</td>
<td>2,136,026</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>20,387</td>
<td>11,271</td>
</tr>
<tr>
<td>Other Assets</td>
<td>551,679</td>
<td>424,949</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>3,086,143</strong></td>
<td><strong>2,572,246</strong></td>
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### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2021</th>
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<tbody>
<tr>
<td>Current Liabilities</td>
<td>305,167</td>
<td>378,070</td>
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<tr>
<td>Long Term Liabilities</td>
<td>5,486</td>
<td>183,262</td>
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<td><strong>Total Liabilities</strong></td>
<td><strong>310,653</strong></td>
<td><strong>561,332</strong></td>
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### NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2021</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>With Donor Restrictions</td>
<td>2,132,978</td>
<td>1,557,173</td>
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<tr>
<td>Without Donor Restrictions</td>
<td>642,512</td>
<td>453,741</td>
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<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>2,775,490</strong></td>
<td><strong>2,010,914</strong></td>
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<table>
<thead>
<tr>
<th></th>
<th>2021</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>3,086,143</strong></td>
<td><strong>2,572,246</strong></td>
</tr>
</tbody>
</table>

### REVENUE:

- Client Fees and Contracts 35%
- Seminar Fees and Other 3%
- Contributions and Endowment 49%
- Other Income 13%

### EXPENSES:

- Clinical Services 65%
- Training and Education 8%
- Research 1%
- Community Outreach 3%
- Administration 19%
- Fundraising 4%
Comprehensive mental health care is a basic human right and should be accessible to everyone.

hammclinic.org