



HAMM MEMORIAL PSYCHIATRIC CLINIC

TRAUMA INFORMATION AND CONNECTION GROUP

THURSDAYS 4:00 TO 5:30 PM, ONLINE

A 16-week group for individuals who have experienced interpersonal trauma and could use information, insight, and the opportunity to connect with others.

- *For all genders and ages 18+*
- *No previous therapy experience required*
- *No expectation to share your story of trauma*

**TO JOIN, OR IF YOU HAVE ANY
QUESTIONS, PLEASE CALL**

HAMM CLINIC INTAKE AT 651.224.0614

Hamm Clinic
408 Saint Peter Street, Suite 429
St Paul, MN 55102

