



Healing created together.

Couples & Family Therapy

**IN-PERSON AND
VIRTUAL OPTIONS**



We recognize that every couple and family is unique. New life stages and differing needs and values can sometimes lead to reoccurring conflict, miscommunication, or increasing emotional distance.

Building Trust and Respect

Our specially trained therapists support effective communication and increased intimacy, while also helping couples and families to recognize and minimize conflict.

We help couples and family members to look at issues from new perspectives, build trust, resolve differences, and demonstrate respect for their shared relationship.

Not sure what type of therapy is right for you?

Call 651-224-0614 and we can help you determine the best process for you and your family.

651-224-0614

Call for more information or to schedule an appointment.



Hamm Clinic



Hamm Clinic



Hamm Memorial
Psychiatric Clinic

Hamm Clinic promotes mental health with culturally responsive, relational care, especially those facing financial barriers.



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