Hamm Clinic
Healing created together.

Interpersonal Process Therapy Group

This ongoing group helps people who struggle in their relationships: building them, sustaining them, and/or who have some social anxiety. This is a group for people who want to reflect on and understand their interpersonal patterns and practice doing things differently both in group and outside of group. *This group is for existing Hamm Clinic clients only.*

TUESDAYS 5 - 6:30 PM
ONLINE (VIA ZOOM)

To join or ask questions, please speak with your Hamm Clinic provider or call Hamm Clinic Intake at 651.224.0614